A Recovery Program for Women

Bethany Hall provides residential substance abuse treatment and a second chance for women, pregnant women, and recently postpartum women in recovery from drugs and alcohol. We offer a holistic approach to recovery and provide a supportive and healing treatment environment. In operation for the last 45 years, this program is pivotal in the success of women’s recovery as well as the health of their unborn babies. Bethany Hal is licensed by the Department of Behavioral Health and Developmental Services and formerly contracted with the DOC.

I. Process:

The first step in the process of admission to Bethany Hall is to complete an application. Applications can be returned by fax, mail, or email. We will review the application to determine eligibility, and then the applicant and/or referral source will be contacted to answer any follow up questions or to be informed of the determination. Once accepted, we will need a secured funding source, a TB test taken within the last year, and verification of pregnancy (if applicable) before setting a bed date.

II. Admission Includes:

- Medical Clearance- If medical detox is indicated, it must be completed prior to admission. Applicants must be physically and medically able to participate in the program at the time of admission. A Medical Clearance is required for pregnant applicants who are not currently incarcerated.
- Clients must admit with a clean drug screen.
- There is a substantial amount of reading and writing required. Clients must be able to participate in these activities.
- All bedrooms are on the second floor and require climbing stairs.
- Some medical and mental health issues are beyond our ability to treat; these will be determined on a case by case basis. (We may request your medical and mental health records).
- We are a non-smoking facility. Nicotine replacement may be used.

III. Programs:

The length of our residential program varies. The program is individually structured for each person and stays may be longer or shorter. On average, treatment lasts 4-6 months. Residents are not locked in but are supervised 24/7 and are not allowed to come and go freely. All functions/meetings are mandatory.

- Residential treatment for adult women - $90 per day.
- Pregnant/Postpartum residential treatment - $120 per day.
- Women with Children residential treatment (limited to one child, six months and under) - $110 per day.
- Aftercare: 12-month aftercare program that includes recovery and housing support is available.

*Possible Funding sources include: Medicaid (if pregnant), FAPT, Probation and Parole, self-pay, DAP funding.

There is a monthly food cost equivalent to the current Commonwealth of VA Supplemental Nutrition Assistance Program (SNAP) available through the Department of Social Services. For example, this amount is $194 per month for a single person currently. If the person cannot access this benefit, the cost will need to be paid in addition to treatment cost.
IV. Answers to Frequently Asked Questions:

- You will be drug tested, you and your belongings will be searched.
- Bethany Hall utilizes a Therapeutic Community (TC) approach wherein all dimensions of your life will be observed including but not limited to how you work, relate to peers and staff, maintain your personal area, and participate in groups. These attitudes and behaviors will be addressed and modified as appropriate.
- Rooms are shared.
- You will work to change your attitudes, values, and conduct through participation in the TC and 12 step meetings.
- There is an Orientation period of a minimum of two weeks; during this time you will be allowed to send and receive letters as your only contact with loved ones. You will be allowed business calls. Family may call and talk to staff with a signed consent form.
- After your Orientation period you have the right to see visitors on Sundays 1:15pm to 4:15pm. Visitation is closely supervised by staff. Visitor may enter the facility with ID and keys only.
- After your Orientation period you may make personal calls at designated times.
- All meals are prepared and eaten together.
- Reasons for discharge include but are not limited to alcohol or drug possession/intoxication, possession of weapons, alcohol, unapproved drugs of any kind, absences without approval, stealing or destroying property of any kind, physical fighting, verbal threats and/or intimidation, setting fires, smoking, and consistent failure to follow rules and/or to do the work necessary to advance in the program.

For more information, please contact the Community Relationship Manager at 540.343.4261
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