



A Program of



1109 Franklin Road, SW  
Roanoke, VA 24016  
Phone: (540) 343-4261  
Fax: (540) 343-1275

Bethany Hall provides residential substance abuse treatment and a second chance for women, pregnant women, and recently postpartum women in recovery from drugs and alcohol. We offer a holistic approach to recovery and provide a supportive and healing treatment environment. In operation since 1970 this program is pivotal in the success of women's recovery as well as the health of their unborn babies. Bethany Hall is licensed by the Department of Behavioral Health and Developmental Services and contracted with the DOC, and CSA/FAPT.

I. Process:

The first step in the process of admission to Bethany Hall is to complete an application. Applications can be returned by fax, mail or email. We review the application to determine eligibility, and then the applicant and/or referral source will be contacted to answer any follow up questions or to be informed of the determination. Once accepted we will need a secured funding source, a TB test taken within the last year, and verification of pregnancy (if applicable) before setting a date.

II. Admission Includes:

- Medical Clearance-If medical detox is indicated it must be completed prior to admission. Applicants must be physically and medically able to participate in the program at the time of admission. A Medical Clearance is required for pregnant applicants who are not currently incarcerated.
- There is a substantial amount of reading and writing required. Clients must be able to participate in these activities.
- All bedrooms are on the second floor and require climbing stairs.
- Some medical and mental health issues are beyond our ability to treat; these will be determined on case by case basis. (We may request your medical and mental health records).
- We are a non-smoking facility.

### III. Programs:

The length of our residential program varies. The program is individually structured for each person and stays may be longer or shorter. On average, treatment lasts 30 to 120 days. Residents are not locked in but are supervised 24/7 and are not allowed to come and go freely. All functions/meetings are mandatory.

- Possible Funding sources include: Medicaid, GAP, FAPT, Probation and Parole, self-pay, DAP funding.

There is a monthly food cost equivalent to the current Commonwealth of VA Supplemental Nutrition Assistance (SNAP) available through the Department of Social Services. For example, this amount \$194 per month for single person currently. If the person cannot access this benefit, the cost will need to be paid in addition to treatment cost.

### IV. Answer to Frequently Asked Questions:

- You will be drug tested, you and your belongings will be searched.
- Bethany Hall utilizes a Therapeutic Community (TC) approach wherein all dimensions of your life will be observed including but not limited to how you work, relate to peers and staff, maintain your personal area, and participate in groups. These attitudes and behaviors will be addressed and modified as appropriate.
- Rooms are shared
- You will work to change your attitudes, values, and conduct through participation in the TC and 12 step meetings.
- There is an Orientation period of a minimum of two weeks; during this time you will be allowed to send and receive letters and contact a loved one via phone on a limited basis. Orientation is a critical time period in which you will focus on learning the program. You will be allowed business calls. Family may call and talk to staff with a signed consent form.
- After your orientation period you have the right to see visitors on Sundays. Visitation is closely supervised by staff. Visitors may enter the facility with ID and keys only.
- After your orientation period you may make regular personal calls at designated times on the schedule.
- All meals are prepared and eaten together
- Caffeine is consumed on a limited basis
- All medications including OTC medications must have a valid prescription or standing order in place by a physician.

V. Reasons for discharge include but are not limited to:

- alcohol or drug possession/intoxication
- possession of weapons, alcohol, unapproved drugs of any kind
- absences without approval
- stealing or destroying property of any kind
- physical fighting
- verbal threats and/or intimidation
- setting fires
- smoking
- consistent failure to follow rules and/or to do the work necessary to advance in the program

**For more information, please contact**

**Shiquita Sydnor - Clinical Manger**

**Shiquita.sydnor@archservices.org**

**540.343.4261 EXT. 302**